



**Because They Follow Your Every Move**

## Basic Leadership Competencies

Often people are promoted to leadership positions but have never received any training. Leading people requires different competencies than the skill set the individual relied upon prior to the promotion. This workshop introduces basic leadership concepts, as well as skills and strategies to equip managers for greater confidence and effectiveness.

### Participants will learn to:

- Understand the dynamics of leadership and followership
- Gain a clear understanding of their role and how to set boundaries
- Communicate with better effectiveness
- Apply assertiveness skills effectively

### This course is designed for:

- New Managers
- Leaders who want to sharpen their leadership skills and competencies
- Managers working in in new environments
- Leaders working in situations with unclear direction
- Professionals responsible for handling conflict in their organization

At Integra, we are people dynamics specialists.

We build people systems that are resilient and sustainable – perfectly prepared to survive, thrive and outperform.

All our programs are customized to meet your needs.

Call us for a free initial consultation.

905-373-4242