



Get Your Instincts in Sync

Business Relationship Coaching

Most of us spend more waking time with our work colleagues than with family and friends. So it's extremely important that we optimize our working relationships in order to accomplish greater results and achieve more satisfaction in our work. At the worst of times, business relationships are fraught with conflict, resulting in an enormous amount of wasted energy. Relationship coaching offers a solution to troubled work relationships. The relationship coach will work with the colleagues to increase understanding, uncover shared objectives and establish agreed upon behaviours to generate the greatest results. Challenging work relationships can be productive and manageable with the help of business relationship coaching.

Participants will leave with:

- Greater understanding of each other's values and shared objectives
- Agreed upon working behaviours to optimize productivity and positivity
- An increased commitment to collaborative work efforts

This program is designed for:

- Peer colleagues or boss-subordinate pairs looking to address challenges in their working relationship

Format:

Team systems coaching is typically conducted in monthly coaching sessions, for at least 6 months. The program may kick-off with a longer half-day session with the team.

At Integra, we are people dynamics specialists.
We build people systems that are resilient and sustainable – perfectly prepared to survive, thrive and outperform.

All our programs are customized to meet your needs.
Call us for a free initial consultation.
905-373-4242