



**Because They Follow Your Every Move**

## Creating a Respectful Working Environment

The quality of the atmosphere and culture at work is a key factor in enjoyment and engagement at work. Sometimes, often because of stress factors, tempers flare high and interpersonal behaviors become hurtful and cause employees to become less effective. This workshop identifies the essential components of a healthy workplace and introduces strategies to address dysfunctional behaviors.

### Participants will learn to:

- Understand how we each contribute to and are impacted by lack of respectful behavior in the workplace
- Identify specific toxic behaviors in the workplace and how to identify and address them
- Learn about different personality styles and to work with them
- Set effective boundaries for a safe workplace environment
- Assertiveness skills to address situations with care and effectiveness

### This course is designed for:

- Managers wanting to expand leadership competencies
- Leaders who want to contribute more effectively to a positive work culture
- Managers working in in new environments
- Leaders working in situations with unclear direction
- Professionals responsible for handling conflict in their organization

At Integra, we are people dynamics specialists.  
We build people systems that are resilient and sustainable – perfectly prepared to survive, thrive and outperform.

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